

Gearlist

Alpine- / Rockclimbing

Please let us know early if you need rental gear. Reserved kit will be handed out by the guide on location. We can only lend out items that are marked with ▲ in the gearlist.

Please note:

- We do **not** have climbing shoes for rent!

Technical Equipment

<input type="checkbox"/> ▲	(sit-) harness	Ultralight sport harnesses are very versatile and can be used for most things alpine. Adjustable leg loops are mainly not necessary, if you want them, rather look at bod-style harnesses.
<input type="checkbox"/> ▲	helmet	In-Mould „styrofoam“ helmets are much more lightweight compared to the classic hard-shell and became the standard in a lot of sports. But do not sit on it!
<input type="checkbox"/> ▲	2 free locking carabiners	E.g. one pear-shaped „HMS“ plus something light and small.
<input type="checkbox"/> ▲	(prusik-) cord for belays and rescue	Classic: 5-6mm diam. cord, 1 x 4m Ingenious: 5 meters of 5,5mm aramide (kevlar) tech-cord. All hanging on their own screwgates...
<input type="checkbox"/> ▲	2 slings 120cm	Length is always usable length, which means doubled up. PA/PE mix material gives us best-of-both-worlds. Plus one screwgate...
<input type="checkbox"/> ▲	1 (prusik-) cord for rappels	Length: 80cm, with it's own tiny screwgate. But you might as well use the 60cm slings of your alpine-runners.
<input type="checkbox"/> ▲	1 autolocking carabiner	3-way twistlock, or better „safelock“ type like the Petzl ball-lock.
<input type="checkbox"/> ▲	1 belay and rappel device	ATC / tube style with a fitting carabiner. What's right for sportclimbing can't (always) be wrong in the alpine: assisted breaking devices for double ropes have their merits!
<input type="checkbox"/> ▲	ropes	Those depend on the chosen route and your upbringing... We use double ropes a lot and the guide will bring them anyway.
<input type="checkbox"/> ▲	5 to 10 runners / quickdraws	Sportclimbing quickdraws or a mix of those and tripled-up 60cm alpine-draws.
<input type="checkbox"/> ▲	1 set of camming devices / friends	Camalots / friends as far as you have them. The guide will bring along plenty...
<input type="checkbox"/> ▲	1 set of nuts / chocks	Bring them if you have them. But here as well, the guide will provide what is needed.
<input type="checkbox"/>	1 pair of (alpine) climbing shoes	Even after 10 pitches your toes should not be rotting away. Please do yourself a favour and leave those 8a weapons at home.
<input type="checkbox"/>	backpack	About 30L, lightweight, mainly for the approach.
	optional climbing pack	On many multipitch routes, the pack will stay at the ground. To carry stuff climbing, you can use an ultralight mini backpack or just a bag for jacket, first aid etc. and a small tied-up bottle that you can hang on your harness.

Clothing

<input type="checkbox"/>	approach shoes	Special approach or even trail running shoes with a proper vibram sole work well for scrambling approaches. If we happen to have to cross a glacier to get to our dream route, you'll need lightweight alpine boots. We'll discuss this before.
<input type="checkbox"/>	climbing pants	Comfortable and, hmm, stylish (Lycra anyone?) . For high alpine climbs it needs to protect you against the elements as well!
	optional hardshell (rain-) pants	In fact, we only bring those if the forecast is really bad, rain or strong winds. And then, only lightweight fabric. Full length zippers do have something though.
<input type="checkbox"/>	mountain jacket	Lightweight, windproof, water-repellant and breathable. A light softshell is perfect, best with a hood. On long multipitches protection against wind is often the most important.
<input type="checkbox"/>	hardshell (rain-) jacket	You will carry this 90% of the time in your backpack. So make it something light and packable.
<input type="checkbox"/>	hat / buff	This should fit comfortably under a helmet. You should try and dispense with the bobble.
<input type="checkbox"/>	baselayer	Transports moisture away from your skin, which makes you feel drier and most importantly warmer. Maybe you want to change your shirt at the start of the climb when you are soaked from the approach. And the visually questionable insider tip: mesh-shirts.
<input type="checkbox"/>	speaking of insulation layers	These naturally depend completely on the temperature. Fleece is still a classic. But synthetic or down fillings are simply unbeaten in their weight-warmth ratio. At high altitude an insulated ,emergency' jacket is more than nice to have.
<input type="checkbox"/>	speaking of change of clothes	On a hut, no one stinks alone. A second t-shirt an fresh set of underwear should be enough.

Miscellaneous

<input type="checkbox"/>	headlamp	Those have become really impressive. Still, a lightweight model is often enough. But rapelling in the dark without one is not only no fun, but extremely dangerous.
<input type="checkbox"/>	money	Best in local currency. Otherwise the exchange rate might bring tears to your eyes. Not every hut accepts payment by card.
	optional alpine club member card	In the Alps, all alpine clubs share reciprocity and you may be entitled to a discount on the overnight costs.
<input type="checkbox"/>	sleeping bag liner	A (silk-) liner / hut sleeping bag is on most huts obligatory for hygienic reasons.
<input type="checkbox"/>	personal medication	Please inform the guide if there are any medical conditions he should know about like asthma, allergies or diabetes!
<input type="checkbox"/>	toiletries	In case you need to carry it: please keep it small and lightweight. You might otherwise be deeply disappointed if there's no running water at the hut anyway... Wet-wipes or germicide anyone?
	speaking of day food	As per gusto. But certainly you can save weight by only carrying some bars, chocolate et. al. and victualling at the hut. The guide's trick to carry small packs.



<input type="checkbox"/>	min 1,5L bottle	In summer, a thermos bottle is only necessary for the highest peaks. Most huts serve / sell drinking water exclusively in 1,5L PET-bottles. If you use one of those, you can simply replace it with a full one. And they weigh virtually nothing.
<input type="checkbox"/>	sunscreen	SPF 50. Period. Not every member of the group has to carry one.
	optional First-Aid-Kit	Group gear will be coordinated with the guide before the start. If you have one or you are an emergency doctor, just bring it along to the meeting point.
	optional bivy bag	Depending on the undertaking, we are planning for more or less places inside one of those. If you have a bivy bag, you can bring it along to the meeting point.
<input type="checkbox"/>	sunglasses	On a glacier, these should rather be category 4.
	optional earplugs	Word has it there might be snorers on huts. Nice as well: earphones, mp3 and a sleep-timer.
	optional powerbank	For those who cannot do without: often there's a central place in the hut to charge electric gadgets. If you don't want to leave your phone unattended, you might want to bring a powerbank.
	optional packing bags	To organize stuff if we are to leave things at the hut during the day.